

## FaithFuel Plan: Week 3 Template

**Theme:** The Path

**Scripture:** Psalm 37:23-24

*"A person's steps are established by the Lord, and he takes pleasure in his way. Though he falls, he will not be overwhelmed, because the Lord supports him with his hand."*

### **Focus:**

- Trust in God's Guidance
- Delight in God's Way
- Persevere Through Stumbles
- Rest in God's Support

### **Email:**

**Subject:** FaithFuel Week 3: The Path

Hi [Name],

We've made it through two incredible weeks of this FaithFuel journey, and I want to tell you how proud I am of your commitment and perseverance. As we step into Week 3—the final stretch of our 21 Days of Fasting and Prayer—our theme is The Path, and we're focusing on this powerful scripture:

"A person's steps are established by the Lord, and he takes pleasure in his way. Though he falls, he will not be overwhelmed, because the Lord supports him with his hand." – Psalm 37:23-24 (CSB)

This verse reminds us that God is not only guiding our steps but also taking delight in our journey with Him. Even when we stumble, He promises to uphold us with His steady and loving hand. As we complete this fast, let's walk confidently in God's plan, trusting that He has established our path and will never let us fall beyond His reach.

## Reflection for the Week

Think about how God has directed your steps so far in life. Where have you seen Him guiding, protecting, or lifting you up after a stumble? This week, consider any areas where you need to trust His support more fully—whether it's a decision, a relationship, or a struggle you're facing

## Action

1. Daily Reflection: Meditate on Psalm 37:23-24 each morning. Let it remind you of God's delight in your journey and His unwavering support.
2. Prayer Focus: Ask God to strengthen your faith in His guidance, especially in areas where you feel uncertain or overwhelmed.
3. Act in Faith: Step boldly into this week, trusting that even if you stumble, God will uphold you and lead you forward.

## Reflection Question:

Where do you need to trust God's hand to guide and support you this week? What step of faith can you take to walk confidently in His plan?

### Bonus Activity:

Download the **Right Now Media** Application On Your Cellphone/ Tablet or visit the website at <https://www.rightnowmedia.org>

Username: veron.blue@yahoo.com

Password: FamilyLife

- Join us in the Eight Session Devotional "The Beatitudes" by Matt Chandler
- Take notes and answer the questions in the videos provided
- Reflect on the Main Idea, Head Change, Heart Change, and Life Change provided in the guide below

[\[Click here to download your guide!\]](#)

Let's focus on [God being our Guide] together. Keep going—you've got this!

Honored to serve you,

Pastor Austin Blue, Lead Pastor  
Family Life Church

### Day 1: Trust in God's Guidance

**Focus:** Acknowledge that God has established your steps and trust His plan for your life.

- **Chapter to Read:** Proverbs 3
- **Prayer:**

*Lord, thank You for guiding my steps and establishing my path. Help me to trust Your plan even when I cannot see the full picture. Teach me to walk confidently in Your will.*

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### Day 2: God's Delight in Your Journey

**Focus:** Reflect on the truth that God delights in your walk with Him.

- **Chapter to Read:** Psalm 16
- **Prayer:**

*Father, thank You for taking pleasure in my journey. Remind me that my life brings joy to You when I follow Your ways. Help me to delight in walking with You every day.*

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### Day 3: Overcoming Stumbles

**Focus:** Remember that though you may stumble, God will not let you fall.

- **Chapter to Read:** 2 Corinthians 12
- **Prayer:**

*Lord, I know that I am not perfect, but I thank You for holding me up when I stumble. When I feel weak or fail, remind me of Your steady hand supporting me.*

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### Day 4: Strength in Challenges

**Focus:** Lean on God's strength during difficult times and trust His ability to sustain you.

- **Chapter to Read:** Isaiah 40
  - **Prayer:**  
*God, challenges often feel overwhelming, but I trust in Your power to sustain me. Strengthen me today and remind me that You are always with me, lifting me up when I feel burdened.*
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#### **Day 5: Walking in Obedience**

**Focus:** Commit to walking in obedience to God's established steps.

- **Chapter to Read:** Deuteronomy 5
  - **Prayer:**  
*Father, guide my heart to follow the steps You've set before me. Help me to choose obedience, even when the path is unclear or hard. I commit my ways to You.*
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#### **Day 6: Gratitude for God's Faithfulness**

**Focus:** Thank God for His unwavering faithfulness in guiding and supporting you.

- **Chapter to Read:** Lamentations 3
  - **Prayer:**  
*Lord, thank You for being a faithful God who never leaves or forsakes me. I am grateful for Your consistent presence and care in my life. Help me to trust You more deeply.*
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#### **Day 7: Boldness to Step Forward**

**Focus:** Ask for courage to take bold steps of faith, knowing God will support you.

- **Chapter to Read:** Joshua 1
- **Prayer:**  
*Lord, I desire to walk boldly in the steps You've established for me.*

*Give me courage to take the next step, trusting in Your guidance and provision. Thank You for holding my hand as I move forward in faith.*