

FaithFuel Plan: Week 1

Theme: The Lamp

Scripture: Isaiah 42:16 (MSG) "But I'll take the hand of those who don't know the way, who can't see where they're going. I'll be a personal guide to them, directing them through unknown country. I'll be right there to show them what roads to take and make sure they don't fall into the ditch. These are the things I'll be doing for them - sticking with them, not leaving them for a minute."

Focus:

- Acknowledge Jesus as Savior and Lord.
- Trust in God's Guidance
- Trusting God in the Unknown
- Commit to His teachings and way of life.
- Experience transformation by walking in God's truth and guidance.

Email:

Subject: FaithFuel Week 1: The Lamp

Hi [Name],

Welcome to Week 1 of our **FaithFuel journey!**

This week's theme is **Guided by The Lamp**, and we're diving into this powerful scripture:

Isaiah 42:16

But I'll take the hand of those who don't know the way, who can't see where they're going. I'll be a personal guide to them, directing them through unknown country. I'll be right there to show them what roads to take, make sure they don't fall into the ditch. These are the things I'll be doing for them - sticking with them, not leaving them for a minute."

As we begin this fast together, this verse reminds us that God is our unfailing guide. Whether you feel unsure about the next steps in your life or overwhelmed by challenges, His promise is clear: He will lead, illuminate, and smooth the way before you.

This week, let's focus on trusting God to guide us through unfamiliar paths, turning areas of uncertainty into clarity and rough places into opportunities for growth. Fasting is our way of surrendering control and inviting God's transformative power into our lives.

Here's Your Faith Challenge for the Week:

Action:

- Identify one area of your life (relationships, career, spiritual growth, or decisions) where you feel unsure or stuck.
- Pray and surrender that area to God each day this week, asking Him to be your personal guide.
- Write down any direction, insight, or clarity you receive during your prayer time.

Reflection Question:

What “unknown country,” is God leading me through and how can I hold His hand through the process?

Bonus Activity:

Download the **Right Now Media** Application On Your Cellphone/ Tablet or visit the website at <https://www.rightnowmedia.org>

Username: veron.blue@yahoo.com

Password: FamilyLife

- Join us in the Four Session Devotional “ Holy Habits” by Derwin Gray
- Take notes and answer the questions in the videos provided
- Reflect on the Main Idea, Head Change, Heart Change, and Life Change provided in the guide below

[\[Click here to download your guide!\]](#)

Let’s focus on [God being our Guide] together. Keep going—you’ve got this!

Praying for you,

Austin Blue, Lead Pastor
Family Life Church

Seven-Day Prayer Guide

Day 1: Trust in God’s Guidance

- **Focus:** *“But I’ll take the hand of those who don’t know the way, who can’t see where they’re going.”*
 - **Prayer:**
Lord, I trust You to guide me when I feel lost or unsure. Take my hand and lead me on the right path. Help me surrender my doubts and trust in Your wisdom. Amen.
 - **Bible Reading: Psalm 23**
 - Meditate on God as your Shepherd who leads you beside still waters and through paths of righteousness.
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Day 2: Assurance in the Unknown

- **Focus:** *“I’ll be a personal guide to them, directing them through unknown country.”*
 - **Prayer:**
Father, as I face unfamiliar challenges, I trust You to be my personal guide. Direct my steps and show me the way when I cannot see what lies ahead. Amen.
 - **Bible Reading: Exodus 13**
 - Reflect on how God led the Israelites through the wilderness with a pillar of cloud by day and fire by night.
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Day 3: Confidence in God’s Protection

- **Focus:** *“I’ll be right there to show them what roads to take, make sure they don’t fall into the ditch.”*
 - **Prayer:**
Lord, thank You for Your protection. Guard my steps so I won’t stumble. Help me discern Your voice and follow Your instructions. Amen.
 - **Bible Reading: Psalm 91**
 - Focus on God’s promise to protect, shelter, and deliver those who trust in Him.
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Day 4: Rest in God’s Faithfulness

- **Focus:** *“These are the things I’ll be doing for them.”*
 - **Prayer:**
Heavenly Father, I praise You for Your faithfulness. Strengthen my faith to believe in Your promises and rest in the assurance that You are always in control. Amen.
 - **Bible Reading: Lamentations 3**
 - Reflect on the steadfast love and faithfulness of God that is new every morning.
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Day 5: Acknowledging God’s Presence

- **Focus:** *“Sticking with them, not leaving them for a minute.”*
 - **Prayer:**
Lord, thank You for Your constant presence. You never leave me. Fill my heart with peace as I walk in the light of Your companionship. Amen.
 - **Bible Reading: Joshua 1**
 - Meditate on God’s assurance to Joshua: *“I will never leave you nor forsake you.”*
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Day 6: Faith for Others

- **Focus:** Praying for those who are lost or in need of guidance.
- **Prayer:**
Father, I lift up those who feel lost or are struggling to find direction. Be their guide and hold their hands. Help me to encourage them and point them toward Your love. Amen.
- **Bible Reading: Luke 15**

- Read the parables of the lost sheep, lost coin, and prodigal son, reflecting on God's heart for the lost.
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Day 7: Surrender and Thanksgiving

- **Focus:** Gratitude for God's leadership and provision.
- **Prayer:**
Lord, I am grateful for Your hand upon my life, guiding me and protecting me. I surrender my plans to You, trusting Your perfect will. Amen.
- **Bible Reading: Philippians 4**
 - Meditate on gratitude, God's provision, and the peace that surpasses all understanding.